

PSHRE newsletter

Welcome to the spring 2 newsletter. Each half term we will keep you updated with what each year group will be covering in PSHRE lessons, along with any guest speakers who will be coming in to speak to our students. We hope that by sharing this information with you, it will give you the opportunity to build upon these topics at home and engage in conversation about what students have learnt in their PSHRE lessons. I have included some useful websites below to help support any conversations at home.

Year Group	Topics
Year 7	https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/talking-about-difficult-topics/ https://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/female-genital-mutilation-fgm/# https://www.nhs.uk/conditions/female-genital-mutilation-fgm/ https://always.com/en-us/puberty-talk-materials-for-parents
Year 8	https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/talking-about-difficult-topics/ https://www.youthemployment.org.uk/careers-advice-for-parents/ https://www.youngminds.org.uk/parent/ https://www.mind.org.uk/information-support/for-children-and-young-people/information-for-parents/
Year 9	https://www.youthemployment.org.uk/careers-advice-for-parents/ https://www.parentalguidance.org.uk/ https://careers.startprofile.com/page/parents https://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/grooming/ https://www.gamblingcommission.gov.uk/public-and-players/guide/page/how-can-i-talk-to-my-child-about-gambling
Year 10	https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/talking-about-difficult-topics/ https://www.nspcc.org.uk/keeping-children-safe/reporting-abuse/dedicated-helplines/protecting-children-from-radicalisation/
Year 11	https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/talking-about-difficult-topics/

Sensitive topics

During this half term, some year groups will be looking at topics that may be of a sensitive nature. More information about the topics we will be covering are in the middle section of this newsletter.

If you feel that any of these topics could potentially be triggering to your child, could you please get in touch with myself, college leaders or your child's mentor ASAP to discuss next steps.

Topics covered in PSHRE lessons this half-term

Year 7

- Hygiene
- Sleep
- Puberty
- FGM
- Challenges of growing up
- Budgeting

Year 8

- Careers
- Attitudes to mental health
- Digital resilience
- Promoting emotional wellbeing

Year 9

- Careers
- Grooming
- Gambling

Year 10

- Valuing diversity
- Extremism
- Introduction to sex education

Year 11

- Marriage
- Pregnancy and miscarriage
- Parenting

PSHRE notices

LGBTQ+ History Month competition 2022

I am pleased to announce that one of our amazing Year 8 students won the competition to design an LGBTQ+ pin badge. The winning design is below. We hope to add this design on to a pin badge in the near future.



The 'There's no excuse for abuse' posters are hung up around the school behind toilet doors for students to report any incidents they might see or be victims of. Although this can be done anonymously, we would also actively encourage students to report any incident to a trusted adult. The QR code can also be found on the school website for students to scan.