

PSHRE newsletter

Welcome to our third PSHRE newsletter of the year. Each half term we will keep you updated with what each year group will be covering in PSHRE lessons, along with any guest speakers who will be coming in to speak to our students. We hope that by sharing this information with you, it will give you the opportunity to build upon these topics at home and engage in conversation about what students have learnt in their PSHRE lessons. I have included some useful websites below to help support any conversations at home.

Year Group	Topics
Year 7	https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/talking-about-difficult-topics/ https://www.saferinternet.org.uk/advice-centre/parents-and-carers https://anti-bullyingalliance.org.uk/tools-information/advice-and-support/advice-parents https://www.sja.org.uk/ https://www.sja.org.uk/get-advice/
Year 8	https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/talking-about-difficult-topics/ https://www.youthemployment.org.uk/careers-advice-for-parents/
Year 9	https://www.youthemployment.org.uk/careers-advice-for-parents/ https://www.parentalguidance.org.uk/ https://careers.startprofile.com/page/parents
Year 10	https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/talking-about-difficult-topics/ https://www.youngminds.org.uk/young-person/coping-with-life/body-image/ https://www.youthemployment.org.uk/careers-advice-for-parents/ https://www.parentalguidance.org.uk/ https://careers.startprofile.com/page/parents
Year 11	https://www.youthemployment.org.uk/careers-advice-for-parents/ https://www.parentalguidance.org.uk/ https://www.childnet.com/resources/online-sexual-harassment-advice-for-parents-and-carers-of-13-17-year-olds https://careers.startprofile.com/page/parents

Guest Speakers

Year 10 and Year 11 - we are hoping to get Michael back in to deliver a talk on Knife Crime to these year groups. His previous talks to Years 8 and 9 went down very well in October 2021.

If you have any concerns about your child listening to this talk, please contact myself on the details above or their mentor or college leader.

Topics covered in PSHRE lessons this half-term

Year 7

Cyber-bullying
Bullying vs banter
First Aid
Healthy lifestyles introduction
Diet
Hygiene

Year 8

Disability and inclusion
Sexuality and gender identity
Careers

Year 9

Citizenship
Careers

Year 10

Body image
Trolling
Careers choices / preparation for work experience

Year 11

Record of Achievement preparation
Interviews
Sexual Harassment

PSHRE notices

LGBT+ History Month 2022

LGBT+ History Month will take place between the 1st February and the 28th February. This is a month-long, annual, celebration and remembrance of lesbian, gay, bisexual and transgender history. The main and overall aims of the month are to promote two things: equality and diversity.

Competition: We would love to invite our students to design a logo for LGBT+ History Month. Entries can be sent to Mrs Baker via email before Friday 28th January.



Make Your Mark 2022

Make Your Mark gives a unique opportunity for young people aged 11-18 in the UK to have their say on the biggest issues facing young people today.

This takes place annually and is supported by Local Authorities, UK Parliament and the Department for Digital, Culture, Media and Sport. Our students will get the opportunity to participate in this in February 2022 during mentor time.

Further information can be found using the following link:

<https://www.byc.org.uk/uk/uk-youth-parliament/make-your-mark>



