

GCSE PE LEARNING JOURNEY



Go to sixth form or go onto college



August
Receive Exam results



May
Complete your 2
1 hour exams

Revision based lessons

Personalized revision for GCSE exam

External Practical Moderation



2.1 Engagement Patterns



2.2 Diet & Nutrition



2.1 Commercialization

2.1 Ethics & Drugs



Year 11 mocks

2.2 Sports Psychology Part 2



Jan / Feb
Internal moderation window

Coursework
December deadline

Parents Evening

2.2 Health, fitness & well doing



End of Sept
External sports videos in



1.2. Injury prevention

1.2. Optimising training

Coursework
Assessment section



Friday weekly intervention starts

Coursework
Movement analysis

Coursework
Action plan

YEAR
11

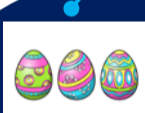
Coursework
Summer assignment
prepare for
Assessment sections

External sports
guidance
information

Core: Athletics

1.2. Components of fitness

Coursework
Analysis
Section



Coursework
review sections

Parents
Evening

Coursework
Evaluation
Section

Complete Y10
mock exams to
get GCSE ready

T/Tennis
Or
Trampolining



1.1. Respiratory System

Handball

Jan / Feb
Internal moderation
window

Swimming &
Tennis mock
assessment

Coursework
INTRODUCTION
& Movement
Analysis
Section

1.1. Muscula System



Basketball

1.1 Cardiovascular system



Velodrome trip



1.1. Skeletal system System

Badminton

T/Tennis

2.2 Factors affecting participation

Complete Y9
mock exams to
get GCSE ready

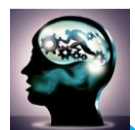
START YEAR 10
AT THE END OF
YEAR 9

Course expectations

YEAR
10

1.1. Warm-up

2.2 Sports Psychology



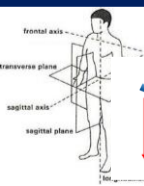
Handball



1.1. Cardiovascular & Respiratory Systems



1.1. Planes & Axes & Axis



Badminton



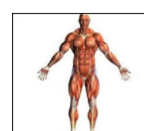
YEAR
9



2.2 & Diet.
Health & Well
being



Basketball



1.1. Skeletal & Muscular Systems

Course expectations

