

Sex and Relationship Education at Finham Park 2

The aims of sex and relationship education (SRE) at our school are to:

- Provide a framework in which sensitive discussions can take place
- Prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene
- Help pupils develop feelings of self-respect, confidence and empathy
- Create a positive culture around issues of sexuality and relationships
- Teach pupils the correct vocabulary to describe themselves and their bodies

SRE is taught within the personal, social, health and economic (PSHE) education curriculum. Biological aspects of SRE are taught within the science curriculum, and other aspects are included in religious education (RE). Pupils may also receive stand-alone sex education sessions delivered by a trained health professional.

Across all Key Stages, pupils will be supported with developing the following skills:

- Communication, including how to manage changing relationships and emotions
- Recognising and assessing potential risks
- Assertiveness
- Seeking help and support when required
- Informed decision-making
- Self-respect and empathy for others
- Recognising and maximising a healthy lifestyle
- Managing conflict
- Discussion and group work

Parents can withdraw their children from this part of SRE by written request.

SRE Education in year 7 science (compulsory- students cannot be withdrawn from this)

Lessons	Information covered
Human reproductive organs	Names and function of each part of the male and female reproductive organs
Fertilisation	How the sperm reach the egg and how the is implanted into the uterus
Menstrual cycle	What the menstrual cycle is and what happens during the cycle for a fertilised egg and unfertilised egg
Pregnancy	How a foetus develops in the uterus. How the foetus received oxygen and energy.
Stages of giving birth	Stages of birth, how the baby gets into position for labour.
Infertility	Causes and solutions to infertility in males and females
Contraception /STI	What contraception is and why it is used. How STIs are caused and transmitted.